



Colorado State University
CENTER FOR COMPARATIVE AND
INTEGRATIVE PAIN MEDICINE

Top 5 Signs of Pain

1. Postural Changes
 - Hunched or sunken back
 - Holds head down
 - Appears stiff or sore
2. Activity Changes
 - Avoids stairs
 - Doesn't run or jump
 - Doesn't enjoy going on walks or play
3. Mood Changes
 - Less affectionate
 - Irritable
 - Anxious
 - Withdrawn
4. Development of New Habits
 - Panting
 - Licks an area repeatedly
 - Crying
 - Avoids being touched
5. Change in Daily Habits
 - Loss of appetite
 - Problems with urinating/defecating
 - Trouble sleeping



Contact:

Narda G. Robinson,
DO, DVM, MA, FAAMA
Center Director
Narda.Robinson@colostate.edu

or

Bonnie D. Wright,
DVM, DACVA
Mistralvet@gmail.com
Now accepting new clients.
Appointments at (970) 297-4477
Info: www.csuvets.colostate.edu/pain

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Options for Treating Pain

Pharmaceuticals:

Anti-Inflammatories, e.g. Carprofen (Rimadyl®),
Opioids, Gabapentin, Tramadol, Amantidine,
Polysulfated glycosaminoglycan (Adequan®)

Interventional Pain Medicine Procedures:

Nerve blocks, Epidural injections

Herbs and Supplements:

Omega-3 fatty acids, Cetyl myristoleate,
Anti-Inflammatory herbal mixtures,
Chondroprotectants

Lifestyle Changes:

Regular, moderate exercise, Elevated food
bowls, Non-slip flooring, Regular nail trims

Physical Medicine:

Cryotherapy, Heat therapy, Acupuncture,
Acupressure, Low level laser therapy, Massage,
Stretching, Therapeutic exercise

Make a gift to support educational activities
and humane research at:

<https://advancing.colostate.edu/CVMBS/CCIPM/GIVE>

Upcoming Events:

Please join us for our next seminar.

RSVP to Dr. Robinson.

<http://csuvets.colostate.edu/pain/education.htm>

Clinical Trials:

We are recruiting dogs for humane research on
natural healing techniques. Want to learn more?

Contact Dr. Robinson.

<http://csuvets.colostate.edu/pain/research.htm>

We appreciate your interest in pain medicine for
our animal friends!

